

# HERITAGE INSPIRATIONS

LLC

## Eat Pray Love 3-Day Journey

\*This is an example itinerary, which can change based on seasonal activities and guest interests

<b>Day One Itinerary</b>	<p><b>7:15 AM</b></p> <ul style="list-style-type: none"> <li>• Meet in Santa Fe’s Hotel St. Francis lobby, where there will be Introductions and a brief orientation about your excursion. A breakfast snack is provided by your guide to enjoy on the scenic drive.</li> </ul> <p><b>7:30 AM</b></p> <ul style="list-style-type: none"> <li>• Depart for Georgia O’Keeffe Country in a comfortable vehicle transporting you back into ancient time. Your transportation is equipped with materials, snacks, water and all the comforts necessary for the voyage ahead.</li> <li>• Receive a Heritage Inspirations gift bag with a reusable water bottle to prepare you for the journey.</li> </ul> <p><b>8:45 AM</b></p> <ul style="list-style-type: none"> <li>• Arrive at Plaza Blanca and prepare for your early morning hike.</li> <li>• Explore the “White Place,” which is in a valley tucked within Abiquiu, where you will find 200-foot obelisks, otherworldly spires and slot canyons that you will have to squeeze through.</li> </ul> <p><b>10:45 AM</b></p> <ul style="list-style-type: none"> <li>• Shuttle to Abiquiu Artists home &amp; studio for a tour. In their home studios they do narrative clay sculpture, mixed media painting and sculpture.</li> <li>• Experience an intimate experience in the bucolic and inspired life of local artisans and how their artistic expression is imprinted by the dynamic landscape they are ensconced in.</li> </ul>	<p><b>Notes</b></p> <p>Your gourmet meals will be prepared by your guides or provided for you at El Monte Sagrado.</p> <p>Parts of the trip will be remote and out of cell phone coverage areas.</p> <p>Both Santa Fe &amp; Taos are situated at 7,000 ft beneath the Sangre de Cristo Mountain range.</p> <p>Our vehicles are always prepared with a cooler of sparkling water and still water to refill your gifted water bottle. There are also reading materials and information about the region provided.</p>
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	<p><b>12:30 PM</b></p> <ul style="list-style-type: none"> <li>Savor a gourmet picnic lunch at Debra &amp; Frank’s glorious home.</li> </ul> <p><b>2:00 PM</b></p> <ul style="list-style-type: none"> <li>Shuttle to Ojo Caliente Mineral Hot Springs Resort for a private group soak and then mud bath. One of the oldest natural health resorts in the country with four different mineral water types: lithia, iron, soda and arsenic.</li> </ul> <p><b>4:00 PM</b></p> <ul style="list-style-type: none"> <li>Travel up to Taos and cross the Rio Grande Gorge Bridge.</li> <li>View the stunning 50-mile-long and 800-foot-deep tectonic chasm that literally appears to have fractured the earth in two.</li> </ul> <p><b>5:00 PM</b></p> <ul style="list-style-type: none"> <li>Pick sage to make sage bundles.</li> </ul> <p><b>5:45 PM</b></p> <ul style="list-style-type: none"> <li>Check into the tranquil, luxury accommodations of El Monte Sagrado resort.</li> </ul> <p><b>7:30 PM</b></p> <ul style="list-style-type: none"> <li>Savor a decadent farm to table meal in the circular wine room at De La Tierra Restaurant.</li> </ul>	
<p><b>Day Two Itinerary</b></p>	<p><b>6:30 – 7:30 AM</b></p> <ul style="list-style-type: none"> <li>Stretch, center and nurture yourself with sunrise yoga overlooking the Sacred Circle in El Monte Sagrado’s Resort.</li> </ul> <p><b>8:00 AM</b></p> <ul style="list-style-type: none"> <li>Replenish with breakfast in the Gardens Restaurant.</li> </ul> <p><b>9:00 AM</b></p> <ul style="list-style-type: none"> <li>Visit Taos Pueblo for a docent led tour of this World UNESCO Heritage Center.</li> <li>Explore this over 1,000 year old living community and enjoy a hosted interpretive experience with a Taos Pueblo member. Then visit a local home and homemade bread make from Grandmother Bertha.</li> </ul>	<p>Things like yoga and the afternoon walking tour are optional, if there is a desire for free time and relaxation.</p>

	<p><b>11:30 AM</b></p> <ul style="list-style-type: none"> <li>• Shuttle to the Taos Historic Plaza to dive into our historic and contemporary artisan world on our Taos Artisan Walking Tour.</li> <li>• Investigate downtown Taos’ rich art history and eclectic small town community on this insider’s art tour.</li> </ul> <p><b>12:30 PM</b></p> <ul style="list-style-type: none"> <li>• Lunch will be enjoyed along the tour at Manzanita Market located in the Historic Plaza.</li> </ul> <p><b>2:30 PM</b></p> <ul style="list-style-type: none"> <li>• Shuttle to Rafting Boat Dock for your scenic evening float which includes a gourmet dinner on the river.</li> </ul> <p><b>8:00 PM</b></p> <ul style="list-style-type: none"> <li>• Go back to El Monte Sagrado Resort.</li> </ul>	
<p><b>Day Three Itinerary</b></p>	<p><b>8:00 AM</b></p> <ul style="list-style-type: none"> <li>• Eat breakfast</li> </ul> <p><b>9:00 AM</b></p> <ul style="list-style-type: none"> <li>• Journey along the High Road to visit Truchas Art Coop and local artists’ studios.</li> <li>• Wander through local artists’ studios and see how they’ve been inspired by the surrounding landscape and the quiet beautiful mountain vibe.</li> </ul> <p><b>11:00 AM</b></p> <ul style="list-style-type: none"> <li>• Go to Santuario de Chimayo. An 18<sup>th</sup> century Spanish Colonial church, which is best known for it’s healing “holy dirt” that each year pilgrims visit during Holy Week.</li> <li>• Visit local artisans, weavers and chile farmers to immerse yourself in timeless traditions of this romantic village.</li> </ul> <p><b>12:30 PM</b></p> <ul style="list-style-type: none"> <li>• Enjoy lunch at Rancho de Chimayo Restaurant.</li> </ul> <p><b>3:00 PM</b></p> <ul style="list-style-type: none"> <li>• Travel back to Santa Fe for an Architectural Walking tour and wine tasting. Enjoy an insider lens into the City Different to set you up for your time to explore later on your own.</li> </ul>	

### **Trip Cost Details:**

- 4 guests minimum per tour.
- 8 guests maximum per tour (Custom tours can be arranged depending on availability).
- Average pricing \$500-700 per day all-inclusive of hotels, meals and daily travel experiences.

### **What's Included in the Tour:**

- Comfortable Transportation pick up & drop off in Santa Fe, as well as transport to itinerary all Guided Activities and Adventures.
- Luggage Delivery Service at Resort.
- All Meals including Breakfast, Lunch & Dinner.
- All Accommodations at El Monte Sagrado Resort in Taos.
- Heritage Inspirations Water Bottle.
- Entry into Ojo Caliente Mineral Hot Springs & UNESCO World Heritage Site Taos Pueblo.
- All Excursions and Travel Experiences.
- Local Guide Tipping.
- Discounts on your Pre & Post Hotel Accommodations.

### **What's Not Included in the Tour**

- Airfare to New Mexico.
- Tipping for Heritage Inspiration's Guide.
- Pre & Post Hotel Accommodations.
- Add-on Ojo Caliente Mineral & Living Spa at El Monte Sagrado Spa Packages.

### **Suggestions to Prepare for your Journey:**

- Be sure to wear sunscreen, sunglasses and a sun hat, since Chaco Canyon is a very open and exposed landscape at high elevation.
- Be sure to drink lots of water on your journey.
- Bring a daypack, preferably a backpack, for easy transport of your personal belongings while hiking through the park. Binoculars are also encouraged.
- Wear comfortable walking/hiking shoes to enjoy exploring the dirt hiking trails.
- Dress with layered breathable clothing, because New Mexico weather can change without much notice, and have a rain layer and light long sleeve layer to protect your skin during sunny days and cool nights.

### **Cancellation & Deposit Policy**

Advanced Bookings are required.

When booking one our Multi-Day excursions 50% of the Total Trip Deposit is due at the time of booking. Your final deposit is due 30 Days before the Tour Departure Date. Cancellations can be made up to 60 days prior to receive a full refund for your tour departure date.

We regret that exceptions to our cancellation policy cannot be made for any reason, including weather, terrorism, civil unrest or personal emergencies. There is no refund for arriving late or leaving a trip early.